## Senior Center Spotlight Information

AAA Name: Central Alabama Aging Consortium

Senior Center Name: Millbrook Senior Center

Senior Center Director's Name: Olivia Venable

Physical Address: 3771GrandviewRoadMillbrook,AL36054

Hours of Operation: 8:00 a.m. - 4:00 p.m.

Center Phone Number: 334-312-5499

Director's Email: mbsc@cityof millbrook-al.gov

Center's Social Media Sites: Facebook-Millbrook Senior Center

Center's Website Address:

## Mission Statement:

To serve and enrich the holistic wellness of older adults and those who care for them through education, innovation and to create a network of community partners to enhance this mission.

## Programs:

Dominoes, checkers, puzzles & other games, Bingo, Arts & Crafts, Movie Days, Fitness Classes, Unscrabbling word games, "Lunch and Learn" Programs, music, dancing, and "front porch rocking"

Date Senior Center Opened: 25 yrs ago-New Ctr 6/6/22

History of Senior Center (Brief explanation 4 sentences max):

Several years ago, Millbrook became one of the fastest growing senior centers in AL and outgrew its senior center. City Leaders, recognizing the importance of the senior population, secured funding for a new state senior center. The response from the seniors and the community has been great.

One Outstanding Highlight of Senior Center:

With the opening of the new senior center, the participation has doubled! Millbrook seniors are more active than ever!